

Alliance of **D**ental **H**ygiene **P**ractitioners

Join Us at the Beach Fall Retreat 2019

Moving the Dial Forward on Integrated Health

September 13, 14 & 15

Polynesian Resort - Ocean Shores, Washington

FEATURING

Anne Nugent Guignon, RDH, MPH, CSP - Friday (4 CEu's)

- **It's your body calling**—*"Hello. Remember me? I'm your primary working tool. These aches and pains are getting to me.....Why are you ignoring me?"*
- **Exploring the oral microbiome** – Stunning revelations about how microbes actually create disease.

Salad bar, wine pairing and tasting followed by beach combing with the sunset on the beach.

Cultivating Medical/Dental Integration - Saturday (7.5 CEu's)

- **Medical and Dental Provider Panel and Workshop** - Develop a customized framework for integration as a direct access provider.

Yoga in the morning on the beach. . . Sign up for your 15 minute head and neck massage.

Beach Time & Business Meeting - Sunday



SADDLE CHAIR RAFFLE:

\$10- for one ticket, \$25
- for 3 tickets, with no
limit. All proceeds to
ADHP.

Must be present to win.



11.5 CEu's for ONLY \$130 — Register NOW!

It's your body calling

"Hello. Remember me? I'm your primary working tool. These aches and pains are getting to me.....Why are you ignoring me?"

Clinicians often ignore the warning signs, thinking they'll never get sidelined with an injury, but aches and pains are signals that something is wrong. Listen to your body now! Learn how to reduce your injury risks and sustain your career.

Objectives:

- Understand the risk for developing a musculoskeletal disorder
- Reduce postural challenges through magnification / illumination systems
- Identify benefits of sit/stand seating options
- Appreciate advances in polishing devices, gloves, and mirrors
- Develop a strategy to reduce noise-induced hearing loss

Exploring the oral microbiome – Stunning revelations about how microbes actually create disease

Recent discoveries about polymicrobial biofilms are both disturbing and thought provoking. Dental diseases are not classic infections. New molecular techniques demonstrate that caries and periodontal disease are manifestations of dramatic, sustained shifts in microbial ecology that overwhelm the host immune system.

Microbes, once thought to be key in these disease processes, may play a minor role, while relatively unknown species, or even the entire microbial community, may be responsible for increased virulence, sustained acid production, enhanced inflammation, and continued tissue destruction.

Homeostasis still remains the ultimate goal, but new disease concepts like dysbiosis, microbial consortiums, inflamophilic bacteria, commensal pathobionts, and keystone pathogens are changing the conversation and challenging how dental disease is viewed today.

Objectives:

- Appreciate the difference between classic infections and dysbiosis
- Discover how commensal microbes become pathobionts
- Learn how enamel and dentin caries differ ecologically
- Understand the role of keystone pathogens and inflamophilic microbes in periodontal disease
- Appreciate multiple strategies that achieve biofilm disruption
- Recognize how homeostasis supports the health of natural dentition and the success of implant therapies
- Discover how water flossing and specialty brushes effectively disrupt biofilm pathogens
- Recognize how prescription trays deliver and sustain 1.7% hydrogen peroxide gel in the sulcus
- Learn non-antibiotic strategies like arginine and xylitol target pathogens